

COUNSELOR'S CORNER



October, 2019



A MESSAGE FROM YOUR COUNSELORS

Eagles,
Welcome to October, this month is National Bullying Prevention Month and we want to remind all students to treat each-other with kindness and respect. If you see something or are a part of a bullying situation **please** reach out to Mr. K or Mrs. Davis for help!

1st Quarter Grades- Now is the time to start thinking about your grades more than ever! We are ending the first quarter next week and will be conducting grade checks to address students that are in risk of failing. Get organized and improve your grade by meeting after school with your teachers, turn in missing assignments or come see your counselor for more ideas and support!

Go Guardian Discussion - Go Guardian is a software tool that the district uses to track students online activity. Counselors and administration are alerted if students search for certain keywords related to self-harm or suicide. We want to remind students to be mindful of what they are searching for on their chromebooks. Counselors will be speaking with all students on **Thursday the 10th** and **Tuesday the 15th** to go over district protocol for risk assessments, and to also teach appropriate ways to reach out for help for self-harm and thoughts of suicide.

Counselor Meet & Greet- One of our counseling goals this school year is to connect with each and every student here on campus at some point throughout the year. Counselors will call in a few students each day to help achieve this goal. By sitting with each student one-on-one we will be able to develop a better connection with our students, help them set goals and support their overall well being.

#SaveTheDate

***October is National Bullying Prevention Month!**

Oct 7th- National Bullying Awareness Day

Oct 11th- End of 1st Quarter-Grades Due

Oct 10 & 15th- Go Guardian Alert Discussion

Oct 18th- 8th Grade IPP Discussion

Oct 22nd & 24th- PREP (Promotion Re-Entry Program) Discussions

Nov 4th-8th- College Kick off Week



SIERRA MIDDLE SCHOOL COUNSELING DEPARTMENT MISSION STATEMENT

Our mission at Sierra Middle School is to collaborate with students, parents and staff members to address the academic, social/emotional and college and career preparatory needs of our diverse student body. Students will have access to a comprehensive, data driven school counseling program that will provide the knowledge, skills and attitudes necessary for lifelong success.



Robert Kirkaldie, Students A-L



Kim Davis, Students M-Z